

Meeting:

Thursdays at 11:30am **Butcher Block Steakhouse** 568 Boyson Rd. NE Cedar Rapids, IA 52404

OUR CLUB

Our club gives you an opportunity to join leaders who take action on important issues affecting our community, our nation and the world. We also have a lot of fun - whether we're socializing or working together on service projects, we make things happen TOGETHER.

Members of Metro North Rotary connect at weekly meetings and learn from business experts, political and civic leaders and entrepreneurs who help us stay informed on topics that are relevant to our community.

Together we make great things happen. We have a structure that focuses on action and positive results. We strive to live the Rotary motto of 'Service Above Self.'

WHO WE ARE

- **Active volunteers**
- 50% women & 50% men
- Young (1/2 of our membership under 49)
- **Dedicated to providing** new and unique networking opportunities

WHERE YOU FIT (COMMITTEES)

Communications **Community Service** Fundraising

International Membership Social/Programs

WE ARE ROTARY

Rotary brings together people like you - from all walks of life - who want to use their expertise for good. People whose sense of responsibility inspires them to give back to their communities. At Rotary, we connect for good - and form lifelong friendships in the process.

Together we empower youth, improve health, promote peace and advance our communities in all corners of the globe as well as right here in Eastern Iowa.

MAKE A DIFFERENCE

Belonging to a Rotary club provides members with an opportunity to give back to their communities and to connect with like-minded leaders and friends in the community.

People join Rotary for many reasons, including community involvement, personal development, professional networking and camaraderie. But perhaps the most important benefit is the satisfaction you gain from making a real difference in your community and in the world.

BE OUR GUEST

Come see for yourself what we are all about. Visit as a guest up to two times ON US! You'll interact and network with a group of peers with like interests and steadfast dedication to our community.

Come see our young, fun and philanthropic Club!

I love Metro North Rotary because of the DIRECT IMPACT we have on youth in our community. By engaging in many projects and activities with Metro High School and Boys and Girls Club in Cedar Rapids, we get the most incredible feeling of accomplishment because we SEE IT with our own eyes. Shannon Hanson

OUR FUNDRAISER

By savoring some of the best local and regional craft beers at Lager 'Lympics, we raise money for kids! This outdoor beer tasting event takes place in the heart of the trendy and bustling NewBo district. Enjoy a few hours to sip some of the best local and regional craft beers poured directly from the **METRO NORTH ROTARY** brewers. Beyond samplings, live music, a



souvenir mug and jumbo yard games add to the fun.

All proceeds from ticket and bottle cap drop raffle help support Metro North Rotary's local service projects.

OUR CURRENT PROJECTS

Our club is committed to making a difference locally. We are focused on projects that help kids in our community have the best opportunity to succeed. Projects we engage members in are:

- Metro High School Essential Box preparation
- 1:1 mentoring at Boys & Girls Club Metro High School capital projects
- Kids Against Hunger Meal packaging
- **Blood Drive Challenge**
- Serving Thanksgiving Dinner to BGCCR Sites
- Metro High School Christmas Giving

GET INVOLVED

Learn how you can make a difference. For more information on our projects and our upcoming events, visit us at:

Website: Email:

metronorthrotary.org MetroNorthRotaryCR@gmail.com

